

Tri-State Regional Service Committee of Narcotics Anonymous
 PO Box 423 Homestead, PA 15120; 322 E. 8th Ave, Homestead, PA 15120

“...directly responsible to those they serve.”

“Robert’s Rules and our policies and procedures are our practical methods for practicing
 Spiritual Principles.”

RSC Meeting Minutes August 10, 2024

- Open with Serenity Prayer
- Reading of 12 Steps by Lisa., 12 Traditions by Gordon, and 12 Concepts by Jon
- Roll Call Regional Trusted Servants

Trusted Servant	Name	Email	August Attendance	Notes:
Chairperson	Megan M	meglouise520@gmail.com	Present	
Vice Chairperson	Rich M.	fishyrich29@live.com	Present	
Secretary	Danielle L.	daniellelivingstonpgh@gmail.com	Present	
Vice-Secretary	VACANT	VACANT		VACANT
Treasurer	Tracey	twc121759@gmail.com	Absent	Vacation
Vice-Treasurer	VACANT	VACANT		VACANT
P&A Chair	Dan T.	Physodle723@gmail.com	present	
P&A Vice Chair	VACANT	VACANT		VACANT
H&I Chair	Frank L.	frank@lombardoconcrete.com	Present	
PR Chair	Jeremy	jheberling24@gmail.com	Present	
Outreach	Phil M.	gmicvw@yahoo.com	Present	
Web Chair	Mike O.	Moestreicher1976@yahoo.com	Present	
Vice Web Chair	VACANT	VACANT		VACANT
Regional Delegate (RD)	VACANT	VACANT		VACANT
Regional Delegate Alt. (RDA)	Lisa	l.polaski23@gmail.com	Present	
BOD	Paula K	pkassouf@yahoo.com	Present	
STL 41	Richard	Caddyrich2004@icloud.com	Present	
Spiritual Retreat	VACANT	Mmadd24@ymail.com Ryanmcpeak88@gmail.com		Vacant - voted Ryan M. for Chair in August

Regional Committee Members (RCMs) by Area

Area	RCM/Email	August Attendance
BASCNA (Butler)	Mallory (RCM) bolejrote@aol.com	Present
BVASCNA (Butler Valley)	Kristy M. (RCM) mindful bliss@yahoo.com	Absent
Central Westmoreland (CWANA)	Greg M. (RCM) howitzer2292@gmail.com	Present
Central Western (CWPASCNA)	Tim (RCM) trodgers84@gmail.com	
East End (EEANA)	Gordon (RCM) gordoncbrown@comcast.net David (Alt RCM) davidiscurious@gmail.com	Both present
Freedom Area	Kyle (RCM) kylesmithNA@gmail.com Kayal (RCM Alt) kshaderline@gmail.com	Absent
Hope and Freedom (HAFANA)		Present
Interstate Crossroads (ICANA)	Erin(RCM) erinmcdonough15@gmail.com Kevin (RCM Alt) Kevinrice1790@gmail.com	Present
Kinzua Area (KASCNA)		Absent

Lawrence County (LCASCNA)	Bridgette H (RCM) bridgettehall72@gmail.com	Absent
Lake Erie (LEANA)	Marie (RCM) mva09292018@gmail.com	Absent
Laurel Mt. Highlands (LMHANA)	Scott N. (RCM) Scott.Newcomer412@gmail.com	Absent
Northeast Area (NEASCNA)	Rob (RSM) OusleyRobert808@gmail.com	Present
North Pittsburgh (NPASCNA)	John (Represented NPASCNA)	Present
Pittsburgh Area (PASCNA)	Toni C (RCM) tcorinealdi@hotmail.com	Present
Pittsburgh Inner City (PICANA)	Roberta (RCM) Robertashepherd1416@gmail.com	Absent
Penn Ohio (POANA)		Absent
South Hills (SHASCNA)	Mike W. (Alt RCM) mikewolcott123@gmail.com	Present
South West (SWANA)	Nick (RCM) herrle5150@gmail.com	Present
Wheeling (WASCNA)	JD (RCM) jeraddsimpson@outlook.com	Absent
We Area	Eugene (RCM) wanarc23@gmail.com	Present

- Review of Minutes – minutes accepted.
- Chairpersons Announcements: RD has resigned from the position. Nominations will be accepted at the next RSC for this vacancy. If interested in receiving P&A minutes can go to <https://tristate-na.org> then hit the Contact Us section and request P&A minutes.
- Welcome New Members: Jordan – RCM NPASCNA, Stephanie – RCM ICANA, Josh – Observer, Toni C – RCM PASCNA
- Nomination and Elections
 - Lisa J. was nominated for RD by Tim CWPASCNA RCM, Seconded by SWANA RCM – **Elected to position**
 - Jesse S.. was nominated for BOD by Gordan EAANA RCM, Seconded by PASCNA RCM – **Elected to position**
 - James G. was nominated for Start To Live Chair by Toni PASCNA RCM, Seconded by BASCNA RCM - **Elected to position**
 - Ryan M. was nominated for Tri-State Spiritual Retreat by Mike SHASCNA RCM, Seconded by LMHANA RCM - **Elected to position ******

Please announce

Trusted Servant Vacancies – Vice Treasurer, Vice Secretary, Vice P&A Chair, RDA, Vice Web Chair

List of Trusted Servant Positions and Clean time Requirements is attached.

BOD at Large Vacancies

Term: February 2023 - January 2025 4 at large positions
Term: February 2024 – January 2026 1 at large positions

Sharing Session:

No Sharing Session

- TRSO Reports
 - BOD Chair – Paula K presented, reported attached
 - BOD Treasurer – Sherry B presented, report attached
 - Start to Live 41 – Richard presented – Report attached
 - Spiritual Retreat – VACANT, no report presented
- TRSASCNA Trusted Servant Reports
 - Treasurer – Tracey absent, attached submitted report
 - Regional Delegate – RD resigned, RDA vacant , written report attached
 - H&I – Frank presented, written report attached:

- Regional H&I picnic will be held:

Sunday, October 6, 2024
Highland Park Lake Point Grove 11am – 4pm

- PR – Jeremy report, report attached
- Web Chair - Miko O. presented, report attached
- P&A – Dan reported, report attached
- Zonal Ad-hoc – Kevin R. resigned from committee; Kristy was not present. Meeting scheduled for June 23rd via Zoom.

- RCM Announcements (RCMs) by Area

Area	Notes
BASCNA (Butler)	Present - mallory gave verbal report
BVASCNA (Beaver Valley)	Absent
Central Westmoreland (CWANA)	Present - verbal report
Central Western (CWPASCNA)	Present - report
East End (EEANA)	Gordon reported – written report attached
Freedom Area	Absent - No report
Hope and Freedom (HAFANA)	Absent - No report
Interstate Crossroads (ICANA)	Absent - No report
Kinzua Area (KASCNA)	Absent - No report
Lawrence County (LCASCNA)	Absent - No report
Lake Erie (LEANA)	Absent
Laurel Mt. Highlands (LMHANA)	Absent
Northeast Area (NEASCNA)	Present - No report
North Pittsburgh (NPASCNA)	Jon reported - written report attached
Pittsburgh Area (PASCNA)	Mike gave verbal report
Pittsburgh Inner City (PICANA)	Toni reported - written report attached
Penn Ohio (POANA)	Absent - No report
South Hills (SHASCNA)	Mike gave verbal report
South West (SWANA)	Nick reported – written report attached
Wheeling (WASCNA)	Absent – No report
We Area	Eugene reported - written report and flyers attached

- **Old Business:**

Motion 01 (06.08.24) Initiated by Regional Chair, seconded by NPASCA RCM **Motion:**
To align clean time of Event Speakers with Workshop speakers, changing the current clean time for Event Speakers from 5 years to 3 years. The new guidelines would read as the following: (Red added to highlight changes)

Section R. PROGRAM:

2. Workshop speakers and event speakers must have three years clean and workshop chairperson must have one year clean.
3. The regional speakers and main speakers must have five years clean.
4. Event speakers may be considered for regional speakers given they have 5 years clean

For easy reference the current guidelines effective are as follows:

Section R. PROGRAM:

2. Workshop Speakers must have three years clean and workshop chairperson must have one year clean.
3. The event speakers, regional speakers, and main speakers must have five years clean.
4. Event speakers may be considered for regional speakers.

Intent: For a better selection of speakers

Result: The motion is now going back to home groups for a vote.

Motion 02 (06.08.24) Initiated by Vice-Treasurer, Seconded by LMHANA **Motion:** To Donate \$5,000 to NAWS **Intent:** To further our primary purpose **Motion Passed (11-0-0)**

- Close with the Serenity Prayer 2:15 pm

NEXT REGIONAL MEETING October 12, 2024 10:30AM
Zoom Meeting ID 961-695-3680
Password: 1953

TSRSO Literature Store
Hours: Saturday & Sunday 10am - 4pm
To place orders:
Electronically – store@tsrcna.org
Phone 412-462-4246

Please send mailed correspondence {for the Region and for Sponsorship Behind the Walls} to
Narcotics Anonymous
TSRSCNA/TSRSO
PO Box423